

MORE ABOUT ALCOHOLISM

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- (P) 16-a. In that frame of mind, he did what?
16-b. How was everything going?
- 18-a. What was it he was having no trouble with?
18-b. What did his alcoholic mind begin to wonder?

Comment: This is the equivalent of a chronic alcoholic's mind believing that the owner of that mind can get by without taking the Steps. That just going to meetings is enough and then believing that even meetings are unnecessary. That is the moment we order the next drink; sometimes months or years before we decide to take a drink. Then the drink; then the drunk, etc.

20. Where did he go on business?

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1. Was this a new experience for him?
2. How did he feel physically?
3. What problems or worries did he have?
4. How did his business in Washington go?
5. What kind of a day had it been?
- (P) 6. What did he do after he completed his business for the day?
7. As he went into the dining room, what insane thought did he have? (3 sentences)
8. How did he act on that insane thought?
(Note: *That's ONE!*)
9. What did he do then?
(Note: *That's TWO!!*)
10. He had dinner and then what?
11. After he returned to the hotel, what did he do?
(Note: *That's THREE!!!*)
12. He remembered what after the third drink?
 - 13-a. He then had a shadowy recollection of what?
 - 13-b. Who did he hook up with at the landing field?
15. What did they do and for how long?
16. What did he remember of all this?
(Note: *Have you had similar experiences; blackouts?*)
17. Where did he wind up and with what?
(Note: *Have you suffered unbearably after drinking?*)

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(P) 18. As soon as his mind cleared, what did he do?

19. Had he resisted the first drink?

20. Was he conscious of the fact he had taken a drink?

(Note: Have you ever found yourself drinking and couldn't remember where you were or what you were doing when you took the first drink?)

21. How was he drinking?

22. What did he remember his A.A. friends had prophesied?

QUESTION: Were they correct in their prophesy?

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1. What did they say would happen in spite of his determination to not drink?
2. How well did his self-knowledge serve him?
3. From this experience, what did he come to know?
4. What did he learn about self-knowledge and willpower?
5. What else did he come to understand?
6. How did the newly acquired knowledge affect him? (2 sentences)
- (P) 7. Who came to see him?
 - 8-a. What was the first thing they did?
 - 8-b. What did Fred think of what they did?
 - 8-c. What two questions did they ask Fred?
11. To what did he concede?
12. What did they pile on him? (2 sentences)
13. What did this do for him?
- (P) 14. Once he admitted defeat, what did they tell him?
15. Did he have difficulty accepting the concept of the program?
16. How did he feel about putting the concepts into action?
17. What would he have to do?
18. Was it going to be easy?
19. What happened to Fred as soon as he made up his mind to adopt the program?
- (P) 20. What else, of a very important nature, did he discover?

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1. What kind of life did his decision bring him into?
 - 2-a. What was his old life like?
 - 2-b. What would he not trade for?
4. Would he have liked to return to his old way of living?
- (P) 5. What does Fred's story do?
6. What are our hopes?
7. Had he severely suffered from alcoholism?
8. Do most alcoholics get off so easy?
- (P) 9. How do many doctors and psychiatrists feel about our conclusions?
10. What did one such professional say? (the rest of the paragraph)
- (P) 11. Once more, what?
12. Can human beings provide the alcoholic a defense from the next drink?
13. What is an alcoholic's only certain defense?