

MORE ABOUT ALCOHOLISM

(Page 34)

Skip the first sentence.

- (P) 1. As we look back, what do we believe?
2. What is the second test to learn the truth about alcoholism?
3. Will real alcoholics be successful?
- 4-a. Can we be successful in the early stages of the disease?
- 4-b. What happens to us later on?
6. Though a person is able to stop for a period, what may be the case?
7. If a person fails the tests, will he probably be interested in the content of this book?
8. Even though a real alcoholic may decide to quit for a year, how soon will most of them return to drinking?
- (P) 9. If a person can't drink moderately, what is the question?
10. What are we assuming?
11. What will determine whether or not a person can quit, for good and all, on a non-spiritual basis?
12. What do many of us feel we have?
13. What was our tremendous urge?
14. How successful were we?
- 15-a. What is the really baffling feature of chronic alcoholism?
- 15-b. No matter what?
- (P) 17. What is the question posed at this point?
- 18-a. What will be helpful?
- 18-b. Do we think we can do better than that in helping the readers of this book determine if they are chronic alcoholics?

MORE ABOUT ALCOHOLISM

(Page 35)

- 1-a. What will we describe?
- 1-b. Why describe the mental condition?

(P) 3. What is the question at this point?

Comment: Refer to the first paragraph on page 30 for the answer: "The idea that somehow, someday....."

4. In what state are the alcoholic's friends and why? (rest of paragraph)

Comment: For answers to the "why" and "what," again refer to the first paragraph on page 30, same as Question (P) 3.

Comment: As we study Jim's story, look for similarities between him and you.

(P) 5. What kind of family did Jim have?

6. What had he inherited?

7. How was his war record?

8. Was he good at his profession?

9. Was he a likable cuss?

10-a. Was he a dummy?

10-b. Was he normal or abnormal?

10-c. Except for what?

13. When did he start drinking?

14. Did it take him very long to get into trouble with his drinking?

15. What happened to him when he left the mental institution?

(P) 16. What two things did the A.A.'s tell him?

17. What did he do?

Comment: What could we assume from this statement: "to make a beginning"?

MORE ABOUT ALCOHOLISM

(Page 35 - continued)

18. What happened as the result of that effort?

19. What did he not do?

Comment: How do we develop our spiritual life in Alcoholics Anonymous?

20. How many times did he wind up drunk?

21-a. How many times did the recovered alcoholics go see him?

21-b. What did the A.A.'s do?

23. On what did he agree with the A.A.'s?

24. What did he know would happen if he drank again?

25. Even more important, what else did he know would happen?

MORE ABOUT ALCOHOLISM

(Page 36)

(P) 1. Yet he did what?

2. What did the A.A.'s do?

3. How was Jim on Tuesday morning?

Comment: Would you wonder where he was on Monday morning? A lot of alcoholics are bad about Mondays.

4. What was the source of his irritation?

5. Did he speak to his boss?

6. What did he decide to do?

7-a. Along the way, what happened?

7-b. So, what did he do?

9. Did he stop for a drink?

10. What did he think he would do?

11-a. What else did he hope he might find?

11-b. Was this place unfamiliar to him?

13. Was he setting himself up for a slip by stopping there?

14. What did he do after he sat down?

15. Had the thought of drinking crossed his mind?

16. He apparently was still hungry, so what did he do?

(P) 17. What insane thought suddenly crossed his mind?

18. Did he act sanely on the insane thought?

(Note: That's ONE!)

19-a. What did he sense?

19-b. What thought preceded his decision to take the first drink?

MORE ABOUT ALCOHOLISM

(Page 36 - continued)

21. So, what did he do?
(*Note: That's TWO!!*)

22. And then what did he do?
(*Note: That's THREE!!!*)

Comment: Did these three drinks produce the allergic reaction (craving for more drinks) that an alcoholic has to alcohol? Let's find out!!!

(P) 23. Where did those three drinks take him?

24-a. What was placed at risk by taking those three drinks?

24-b. What else was he to experience as the result of this spree?

26. Did he know he was an alcoholic?

27. What happened to all the reasons he had for not taking the first drink?