

## THERE IS A SOLUTION

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1. Why did they accept spiritual help?
- (P) 2. How is Rowland H., an American businessman, described?
3. Where had he sought help? (2 sentences)
4. Who did he finally go to?
5. Was he confident that he had been fixed?
6. How were his mental and physical condition after his treatment?
7. Above all, what did he believe?
8. Nevertheless, what happened?
9. How did he explain it?
- (P) 10-a. What did he do?
- 10-b. Did he really respect the doctor?
- 10-c. What did he ask the doctor?
13. What was his greatest wish?
14. Did he appear to be a very normal person?
15. What was it he had no control over?
16. What was his question?
- (P) 17. What did he want to know?
- 18-a. What was the truth?
- 18-b. What would he have to do to live?
20. Who said so?
- (P) 21. Did he die from drinking?
22. Did he need to be protected from himself?
- 23-a. Was he free to come and go as he pleased?

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1-b. What must he do to maintain his freedom from alcohol?

*Comment: Could this be to accept spiritual help?*

(P) 2. Do some alcoholics believe they can do without spiritual help?

3. What will the authors tell us?

(P) 4. What did the Doctor tell Rowland was his problem?

5. How many alcoholics, like Rowland, had Dr. Jung seen recover?

6. How did Rowland feel after hearing the prognosis?

(P) 7. What was his question to the doctor?

(P) 8. What was the doctor's reply?

9. Was the doctor aware of exceptions?

10. Were they a common occurrence?

11. Did Dr. Jung understand these occurrences?

12. What did these vital spiritual experiences appear to be to Dr. Jung?

*Comment: Remember, Dr. Silkworth believed that the only hope for a chronic alcoholic was an entire psychic change -- a complete change in the way we think and the way we feel. Dr. Jung told Rowland the same thing. Our old ideas and beliefs must be replaced with new ideas and beliefs. Taking the Twelve Steps of Alcoholics Anonymous will produce that vital psychic change or "Spiritual Awakening/Experience", a complete change in the way we think and the way we feel.*

13. What was the product of these occurrences?

14. What had Dr. Jung been attempting to do with Rowland?

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- 15-a. Had Dr. Jung been successful with hard drinkers?
- 15-b. Had he ever had any success with a real alcoholic?

- (P)
- 17-a. Was Rowland relieved to hear the Dr.'s suspected solution?
  - 17-b. Why did he have hope?

19. What did Dr. Jung do to Rowland's hope?

*Comment: Again, we are requested to see "Appendix II." Since we have already done that, we will not take time to revisit that Section now.*

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(P) 1. What made Rowland a free man?

*Comment: Rowland continued his affiliation with the Oxford Group and the Calvary Church in New York City. He never became involved with Alcoholics Anonymous, but did live the rest of his life sober.*

(P) 2. What do we do that Rowland did?

3. What has the flimsy beginning proved to be?

4-a. What does the Program of Alcoholics Anonymous give the suffering alcoholic?

4-b. Or what is another way to view what we are given?

(P) 6. What contribution did William James make to A.A.?

7. What do we not want to do?

8-a. What does the experience of the First 100 mean?

8-b. When will this happen?

10. Will the Program, as described in the Big Book, disturb any religious views?

11. Do we argue religious views?

(P) 12. Do we care what religious group or groups a member belongs to?

13. How do we view that topic?

14-a. Do all of us join up with a religious group?

14-b. Do we favor such affiliation?

(P) 16-a. What will we learn in the next chapter?

16-b. What is the chapter following that one about?

18. Do we get a lot of agnostics in A.A.?