

## THERE IS A SOLUTION

(Page 25)

1. What has prevented many such demonstrations?
  2. What are so many unable to do?
  - (P) 3. Is there a solution?
    - 4-a. Does the alcoholic like the solution?
    - 4-b. What do they not like?
    - 4-c. Are these actions necessary for success in sobriety?
  
    - 7-a. What gave us hope?
    - 7-b. What were we faced with when confronted by recovered alcoholics?
  9. For those of us who have adopted the simple kit of spiritual tools as a way of life, what have we experienced? (2 sentences)
  
  - (P) 10. What is the great fact for us?  
*Comment: Notice the asterisk (\*) after "spiritual experiences". Read footnote.*
  11. What is the central fact in our lives today?
  12. What has He commenced doing?  
*(Note: Is this a self-help program?)*
  - (P) 13. Is there a middle-of-the-road solution for real alcoholics?
  14. How were our lives?
  15. What were the two alternatives?  
*Comment: Do these two alternatives appear to be Step One and Step Two)*
- Comment: Before proceeding, let's go to Appendix II; Page 569 in Third Edition, Page 567 in Fourth Edition.*

# THERE IS A SOLUTION

## APPENDIX II

Third (Page 569) – Fourth (Page 567)

- (P) 1. Upon careful reading, what do we learn is the product of a “spiritual experience” and “spiritual awakening?”

*Comment: Please note the words, “careful reading”. Some alcoholics will not recover because they will not “carefully read” this Basic Text for Alcoholics Anonymous.*

- (P) 2. What impression did the readers of the First Printing of the First Edition get?

*Comment: The only significant change that has been made in the Basic Text (the first 164 pages plus “The Doctor’s Opinion”) of the Big Book is the one that produced the need for Appendix II. Step Twelve in the First Printing read, “Having had a spiritual experience as the result of this course of action...” In reading “Bill’s Story,” we read where he had a sudden spiritual experience as the result of these steps. Dr. Bob, on the other hand, had a very slowly developed “spiritual awakening.” Many of those reading the First Printing of the Big Book were not experiencing Bill’s “hot flash” and felt they were missing something. To correct that misconception, Bill re-worded Step Twelve to what it now reads and added “Appendix II” as an explanation.*

3. This conclusion is what?

- (P) 4. In the stories in the first chapters, which spiritual event was described?

5. Did most alcoholics believe that they, too, must have a spiritual experience?

- (P) 6. Are such transformations frequent?

7-a. What do most of our members experience?

7-b. Why did William James call them that?

9. Very often, who are the first to notice the change that has taken place?

10-a. What does the alcoholic finally realize?

10-b. Could he have accomplished this himself?

12. What could seldom have been accomplished by self discipline?

13-a. With few exceptions, what do we all tap into

# THERE IS A SOLUTION

## APPENDIX II

Third (Page 570) – Fourth (Page 568)

- 1-b. What do they identify this to be?
  
- (P) 2. What do most of us think?
  
- 3. What do religious folks call it?
  
- (P) 4-a. What do we wish to say emphatically to any alcoholic?  
4-b. What is one condition the alcoholic must meet?
  
- 6. What will defeat an alcoholic?
  
- (P) 7. What is it that no one should have difficulty with?
  
- 8. What are the essentials of recovery?
  
- 9. How important are they?
  
- (P) 10. What will keep a person in everlasting ignorance?

## THERE IS A SOLUTION

(Page 26)

1. Why did they accept spiritual help?
- (P) 2. How is Rowland H., an American businessman, described?
3. Where had he sought help? (2 sentences)
4. Who did he finally go to?
5. Was he confident that he had been fixed?
6. How were his mental and physical condition after his treatment?
7. Above all, what did he believe?
8. Nevertheless, what happened?
9. How did he explain it?
- (P) 10-a. What did he do?
- 10-b. Did he really respect the doctor?
- 10-c. What did he ask the doctor?
13. What was his greatest wish?
14. Did he appear to be a very normal person?
15. What was it he had no control over?
16. What was his question?
- (P) 17. What did he want to know?
- 18-a. What was the truth?
- 18-b. What would he have to do to live?
20. Who said so?
- (P) 21. Did he die from drinking?
22. Did he need to be protected from himself?
- 23-a. Was he free to come and go as he pleased?